

| Start Time | 11:00:00 | | | |
|--------------------------------|--------------|-----------------|------------------------------|--------------------|
| Total Distance (metres) | 30,000 | | | |
| Team Name | Class | 500m Avg | Projected Finish Time | Actual Time |
| KPMG | Men | 01:47.8 | 12:47:48 | 1:47:50 |
| Firemen | Men | 01:49.4 | 12:49:24 | 1:49:02 |
| Grammar Men | Men | 01:51.0 | 12:51:00 | 1:51:09 |
| PwC 1 | Men | 01:59.4 | 12:59:24 | 1:59:05 |
| PwC 3 | Men | 01:57.4 | 12:57:24 | 1:57:07 |
| EY 1 | Men | 02:04.4 | 13:04:24 | 2:04:38 |
| My Fitness 2 | Men | 01:48.5 | 12:48:30 | 1:49:01 |
| Rowing Nowhere | Junior | 02:01.0 | 13:01:00 | 2:00:29 |
| Special K | Junior | 02:00.7 | 13:00:42 | 2:00:37 |
| Grammar 1 | Women | 02:15.4 | 13:15:24 | 2:15:01 |
| My Fitness 1 | Women | 02:13.0 | 13:13:00 | 2:12:23 |
| PwC 2 | Mixed | 02:13.1 | 13:13:06 | 2:13:06 |
| EY Mixed | Mixed | 02:06.7 | 13:06:42 | 2:06:10 |
| My Fitness 3 | Mixed | 02:04.5 | 13:04:30 | 2:04:34 |
| Dead Weight | Mixed | 02:14.1 | 13:14:06 | 2:13:07 |
| Magnificent Seven | Mixed | 01:56.9 | 12:56:54 | 1:57:11 |
| BBC | Mixed | 02:17.3 | 13:17:18 | 2:19:14 |



Multiple Sclerosis Society

| Start Time | 11:00:00 | | | | |
|-------------------------|----------|----------|------------------|-------------|-----------------------------|
| Total Distance (metres) | 30,000 | | | | |
| Team Name | Class | 500m Avg | Projected Finish | Actual Time | |
| KPMG | Men | 01:47.8 | 12:47:48 | 1:47:50 | Men's class winner |
| My Fitness 2 | Men | 01:48.5 | 12:48:30 | 1:49:01 | |
| Firemen | Men | 01:49.4 | 12:49:24 | 1:49:02 | |
| Grammar Men | Men | 01:51.0 | 12:51:00 | 1:51:09 | |
| PwC 3 | Men | 01:57.4 | 12:57:24 | 1:57:07 | |
| PwC 1 | Men | 01:59.4 | 12:59:24 | 1:59:05 | |
| EY 1 | Men | 02:04.4 | 13:04:24 | 2:04:38 | |
| Rowing Nowhere | Junior | 02:01.0 | 13:01:00 | 2:00:29 | Junior class winner |
| Special K | Junior | 02:00.7 | 13:00:42 | 2:00:37 | |
| My Fitness 1 | Women | 02:13.0 | 13:13:00 | 2:12:23 | Women's class winner |
| Grammar 1 | Women | 02:15.4 | 13:15:24 | 2:15:01 | |
| Magnificent Seven | Mixed | 01:56.9 | 12:56:54 | 1:57:11 | Mixed class winner |
| My Fitness 3 | Mixed | 02:04.5 | 13:04:30 | 2:04:34 | |
| EY Mixed | Mixed | 02:06.7 | 13:06:42 | 2:06:10 | |
| PwC 2 | Mixed | 02:13.1 | 13:13:06 | 2:13:06 | |
| Dead Weight | Mixed | 02:14.1 | 13:14:06 | 2:13:07 | |
| BBC | Mixed | 02:17.3 | 13:17:18 | 2:19:14 | |