



Multiple Sclerosis Society

The GRC/MS Rowathon Beau Sejour Leisure Centre - Sunday 15 April 2018

This event is organised by GRC members under the aegis of the Guernsey Multiple Sclerosis Society.

ENTRY FORM

TEAM NAME .....TEAM CATEGORY (see note below).....

COMPANY/SCHOOL/CLUB NAME .....

Captain's name .....

Mobile no ..... Email .....

Start time: 11.00

Registration time: 9.30 to 10.15am

Rower 1 name ..... Email.....

Rower 2 name ..... Email.....

Rower 3 name ..... Email.....

Rower 4 name ..... Email.....

Rower 5 name ..... Email.....

Rower 6 name ..... Email.....

TEAM CATEGORIES: Men's, women's, mixed (3 men, 3 women)

Junior men, Junior women (junior categories: minimum age 16 years up to 21 and under)

RACE DISTANCE: 30 K. INDIVIDUAL DISTANCE: 5K IN 1K STINTS IN STRICT ORDER OF ROTATION.

Registering your team commits you to raising £300 minimum sponsorship, which also covers registration costs. Get your company involved to match fund and make it easier.

EMAIL THIS APPLICATION TO: [markrw555@googlemail.com](mailto:markrw555@googlemail.com) by March 31.

OTHER FORMS: 1) RACE RULES, 2) MEDICAL DISCLAIMER\*, 3) SPONSORSHIP FORM

\* Must be signed by all competitors in order to compete and brought for team registration on the day of competition. SPONSORSHIP MONIES: Cheques should be made payable to The Guernsey MS Society.

Email this form to: [markrw555@gmail.com](mailto:markrw555@gmail.com) or post to arrive no later than March 31:

Mark Windsor, Flat 6, Mont de Val, Upper Vauvert, St Peter Port GY1 1 NJ