

MS SNIPPETS

MS Resources and Publications

Enclosed with the Newsletter is a list of all the publications of the MS Society except those of no relevance to Guernsey. A most substantial amount of useful information is available. Debbie and Liz hold many of the leaflets here and will be happy to send for any not in stock. If you want to obtain them directly telephone the MS Society on 020 8438 0799. Most can be downloaded and printed from www.mssociety.org.uk by entering "publications shop" in the search box at the top right of the page.

Help Cards

The MS Society has produced a discrete new "assistance card" which enables those with a problem to pass it to anyone they need to inform of their MS when out and about, and thus quietly obtain help, or priority in queues, etc. It is available from 020 8438 0799 or by e-mail from www.infoteam@mssociety.org.uk

Fantasia Ball

The Fantasia Ball organised by Mary Kirkpatrick and Sue Wilson in aid of Multiple Sclerosis and Cancer Research was a great success. The main hall at Beau Sejour was hardly recognisable with extensive decorations in a blue and yellow, butterflies and trees scheme. The principal entertainment was The Schmooz Brothers, 1940/1950 swing singers. The amount raised for us is not yet known.

E-mail Addresses

As Debbie further develops the services available for those with MS and their Carers, and as the local Branch becomes more active, it would be useful if we were able to contact members by e-mail. Quite often there is information we would like to make available quickly, such as the subject for Debbie's next afternoon meeting, but the time and expense of circulating details by post can make us hesitate to do so. We realise that not everyone has a personal computer but think many of those without will have relatives only too happy to assist. We already have e-mail addresses for about 25% of the members, so would ask everyone to telephone Liz on 263464, or even better send an e-mail to lizhendry@cwgsy.net

Condolences

Rodney Mahy, who took up residence at the Cheshire Home a month or so before Christmas. Rod was Treasurer of the Society for many years and our thoughts go to his wife, Karen, and to his family.

Kathleen Bloomfield, also a member, who sadly lost her husband Larry last year. Our condolences go to her daughter and son and their families.

Flag Day

Our Flag Day this year raised £3459 - slightly down on last year, but we are now being limited by the number of collectors. We believe £5000 could be exceeded with another 20 or so helping us. Next year's day is provisionally planned for mid April. If any one would like to help or knows of relatives or friends who would, could they contact Liz on 263464 now..

MS Nurse Afternoon Meetings

Debbie's monthly afternoon meetings at Les Cotils are proving to be popular. So far, Debbie, Susi, the MS Physio and Maureen, a Social Worker have talked about their work and future plans. The next meeting, on 18th August at 2.00 pm is to be a talk followed by a discussion on exercise and fatigue, with personal plans being prepared for those who want one, and the September meeting is to be a general discussion on coping with MS and personal experiences. If anyone wishes to come along, or has a subject they would like discussed, they should contact Debbie on 725241 ext 2263.

PHOTOGRAPHS TAKEN AT THIS MONTH'S MEETING AT THE COTILS



Plenty of chatting and drinking of coffee



Jule's (who works with Susi, the MS Physio) made the delicious cake this month