



*We invite you to join us at our
monthly coffee afternoons at Les
Cotils.*

2.00 –4.00pm

**Why not pop in and join us?
Everyone is welcome, those who
have MS and those who help you .
You have an opportunity to meet us
the health care professionals
working in MS and together we
hopefully can improve the service
we can offer you.. It's very informal,
tea ,coffee and cake provided!**

More details contact Debbie

MS Specialist Nurse. 07781 133082

Susi Ms Physio 07781 132315

December 20th. Festive Fun

January 17th

February 21st

March 20th